



Asquith Mixed Probus Club BULLETIN

President's Corner

There was some excitement on the morning of our last meeting when a Fire Engine pulled up outside Magpies. Everyone wanted to know where the fire was but it was only our Speaker arriving in style.

The Speaker- Paul Baker from Hornsby Fire and Rescue provided many valuable tips on avoiding and managing fire in the home.

The visit to Garden Island was a great success but poor weather forced cancellation of the walk over the Gladesville Bridge, however we are now all looking forward to riding the new Metro line to Sydenham to visit the old Brick Pit later this month.

Our celebration of Probud Month at Bobbin Head was a great day and our hostess Judy managed to organize perfect weather. The silly hat prize went to our amazing Bulletin editor Sylvia and the winning male hat will be promptly returned to the owner- my No 7 grandchild.

There has been much interest in the Cochlear excursion which is fully booked.

A big reminder to put your name down for the Christmas lunch which is always a big success and will round off yet another year of activities at the Club.

Best regards,

Jim



Meeting Dates at Magpies

General Meetings

10am for 10.30am start.

Thursday 7th November 2024

December 5th 11.30am Christmas Party

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Bulletin: Editor: Sylvia Gratton

☎ Mob:

Asquith Mixed Probud Club Inc.

The Secretary AMPC, 37 Alan Avenue,
Hornsby 2077

Formed by the Rotary Club of Berowra on 2
October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

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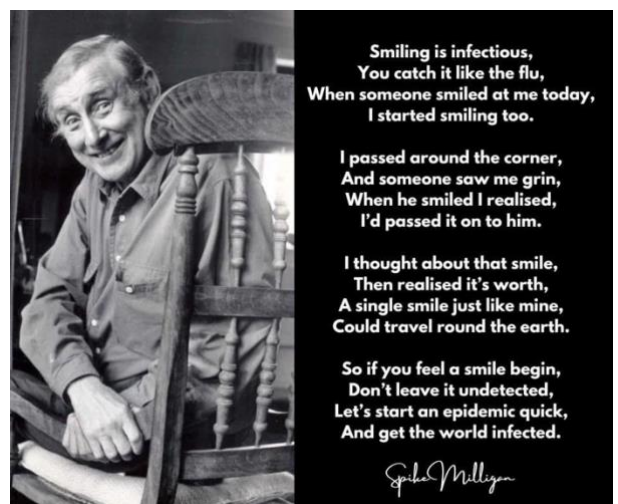
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COMMITTEE NOTES - OCTOBER 2024

1. Angus will present the Budget for 2025 to the Membership at the November Meeting.
2. Nita reported on a number of members including Carolyn and David Esson, Dale Young, who is back at Hornsby Hospital, Barry Mayhew who has been in Hornsby Hospital and Mt Wilga, Barbara Williamson, Bill Davies and Georgina Hughes who was unwell and had to leave the last meeting. We send our sincere condolences to Maureen Sharpe whose son Toby died recently.
3. The last tour of the year is to the Cochlear Implant Facility and then in 2025 we have Anglers Rest, Nepean Belle, Bear Island, Maritime Museum, Lord Howe Island and possibly Cockatoo Island.
4. New Membership was approved for Shirley Barbiero.
5. Judy was concerned that the numbers were down for the Birthday Barbeque at Bobbin Head, but those who attended had a lovely afternoon with roast meats, salads and desserts provided by Family Affair. Judy made a delicious birthday cake which we know everyone enjoyed because there wasn't a piece left! Congratulations Judy and Jim on a most successful and important event of our Probus calendar, even managing to organise perfect weather in a very mixed weather week! We encourage everyone to attend the Christmas Lunch at Magpies and look forward to breakfast at the Bobbin Head Inn in February 2025.
6. The Walk to Sydney Park /Old Brickpit will include travel on the new Metro line to Sydenham. Laurie will be needing help with walks into the future, including the long walk at Mrs Macquarie's Chair.
7. Some great Talks topics are coming up including the last for 2024, Bea Miles. Some members have described seeing her in the city 'back in the day' - an iconic Sydney character not easily forgotten. Talks in 2025 include Royal Flying Doctor Service, Oz Harvest, the Navy at Gallipoli and more!
8. Take care everyone, and stay safe.

Ruth Barwick

Secretary



Treasurer's Report as at 7 October 2024

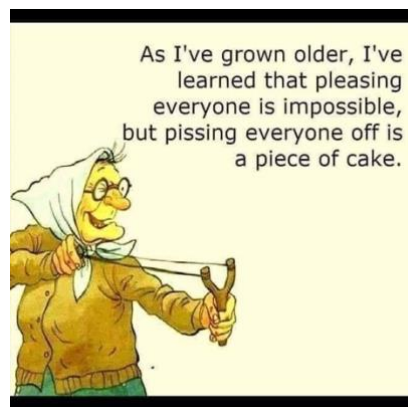


Funds received so far this year	\$10,651.86	
Reduced by our expenses of	<u>\$9,475.99</u>	
		<u>\$1,730.87</u>

Add all previous year's surplus funds	<u>\$10,906.16</u>
Members funds available	<u><u>\$12,082.03</u></u>

....The above funds consist of cash	\$13,824.42
Less - mainly members payments for future activities	<u>\$1742.39</u>
	<u><u>\$12,082.03</u></u>

Treasurer's Report 7 October 2024: Angus Dougall.



DOLLS When? The Wednesday following our monthly 'member meeting' at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol.**

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information.**

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary.**

MEN'S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison.**

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson /Carol Channon
Auditor	Robert Allison	5 th Thursday BBQ	Carol & John Channon
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Cards 500	Mary Glasby	Walks	Laurie Keaton
Ambassador	John Davies	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Sandra Lees	Assist. Tours/Excurs.	Lula Andersen
Assist. Tours/Excurs.	Jim Thompson		

AMPC COMMITTEE MEMBERS 2024-25

AMPC Committee Members		Phone	Email
President	Jim Jeffries		
Vice-President Elect	Barry Willick		
Vice-President	Vicki McPherson		
Secretary	Ruth Barwick		
Treasurer	Angus Dougall		
Committee			
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Asst Membership	Denise Mayhew		
Programme	Jim Jeffries		
Tours/Excursions	Trish Taylor		
Welfare	Nita Shields		
Assistant Secretary	John Davies		
Assistant Treasurer			
Walks	Laurie Keaton		
Past President	Sandra Death		

REPORT ON GARDEN ISLAND DOCKYARD HERITAGE TOUR

The weather was beautiful for our tour of Garden Island, the location of our Royal Australian Navy (RAN) base. At the commencement of our tour we experienced an informative 15minute video on the history of Garden Island. We were then split into three separate, guided groups.

We learnt that not long after the HMS Sirius arrived in Sydney Cove a kitchen-garden consisting of onions and corn was established on Garden Island for the Sirius crew. We visited the Garden Island Naval Chapel, beautiful and very moving. We were extremely lucky to see the HMAS Canberra in dry dock for maintenance. Garden Island has been host to a naval base since 1856. Today, Garden Island forms a major part of the RAN's Fleet Base East.

Garden Island was originally a completely detached island but was joined to the Potts Point shoreline by major land reclamation work during World War II. We all commented that we did not realise the size of GI. We followed our tour with a pub lunch at Woolloomooloo and then made our way home.

Thankyou Jim for organising such a wonderful experience.

TRISH

DAY TRIPS

APPLICATION FOR THIS TOUR NOW CLOSED

COCHLEAR MANUFACTURING TOUR MACQUARIE PARK

21st NOVEMBER, 2024

11.00 am

MAXIMUM 35 PEOPLE

9.26 Train from Hornsby (platform 3) to Epping. Changing at Epping for 9.47 am Metro (platform 5) to Macquarie University. Arrive 9.50 am.

Short 15minute walk (slight incline) to Cochlear, 1 University Avenue, Macquarie Park.

- * 30minute tour to see how implants are manufactured.
- * We will need to provide a list of attendees to Cochlear and they will provide a name tag when we arrive.
- * There is a cafe on the premises if you would like a coffee and Macquarie Shopping Centre close by for lunch.

Cochlear help people around the world to gain access to clearer sound and a lifetime of better hearing. Cochlear is the global leader in implantable hearing devices for people with moderate to profound hearing loss.

Join us on a 30minute tour to see how these implants are manufactured.

TRISH

THE ANGLERS REST HOTEL

BROOKLYN

16th JANUARY, 2025

12.00 pm

11.23 am train from Hornsby Station (platform 5) to Hawkesbury River. Arrive 11.47 am.
Approximate 5 minute walk to the Anglers Rest Hotel. Return train to Hornsby runs hourly - 2.27 pm, 3.26 pm, 4.27 pm.

Join us for a relaxed lunch at the Anglers Rest Hotel and perhaps after lunch wander down to the Marina for an ice cream.

TRISH

NEPEAN BELL LUNCH CRUISE

20th FEBRUARY, 2025



Pick up: Hornsby Station 9.00 a.m. - returns approximately 5.00 pm

\$111.00 per person - PAYMENT TO BE MADE BY 7/2/2025

***Please note 2024 price, may change in 2025**

Includes:

- Morning Tea at Nurragingy Reserve with time to explore the Chang Lai Yuan Chinese Gardens
- Embark on Paddle Wheeler "Nepean Bell" travelling upstream from Penrith through picturesque Nepean Gorge
- Buffet lunch, consisting of shared platters for the main course and dessert, followed by tea or coffee
- Commentary of the region
- Visit to Penrith's Regional Gallery

TRISH

MARITIME MUSEUM SYDNEY

THURSDAY, 20 MARCH, 2025, 10.30 am

\$16.00 per person

9.04 am train from Hornsby platform 3, arriving Central station 9.44 a.m. Catch the 9.52 am Light Rail L1 (Exit 1 Grand Concourse) to Pyrmont Bay, arriving 10.02. Short walk to Maritime Museum.

Each of these tours is about 1hr in duration. After the tour, you are free to explore the rest of the vessels and exhibitions at your own leisure. There are numerous places to have lunch at Darling Harbour or coffee/lunch at the Museum's Cafe.

HMAS VAMPIRE

HMAS Vampire is a tour on board a navy destroyer. Access onto the vessel is conditional based on mobility. Pushers are not allowed on any of the vessels for safety reasons. Walking sticks are permitted, however, **please note that there are steps and slopes that need to be navigated, so it might be difficult.**

OR

GALLERIES OVERVIEW TOUR

The volunteer guide will show visitors the different parts of the galleries and some of the highlights in each one. Because objects get rotated for conservation, these tours differ slightly depending on which exhibitions/objects are on display during the visit. **This tour is suited for visitors with accessibility needs and is friendly for those with mobility difficulties.**

TRISH

PARRAMATTA FEMALE FACTORY

17th APRIL, 2025

11.00 am

\$10.00 per person

This Governor Macquarie & Francis Greenway site was once home to at least 5,000 convict women transported "*beyond the seas*". Hear the inspiring stories of the women's lives, learn about their survival, their legacy and much more.

Tour duration 1hr - 1.5 hrs. Closed-in walking shoes must be worn. There are a few places on the site where the ground is uneven, or you need to step over a gutter. Make sure if it is hot to bring water, hat and sunscreen.

***Please note these travel times are not definite. Travel will depend on tides and whether or not the Parramatta Light Rail is operational at this time.**

Catch the 8.51 am train from Hornsby (Platform 3) to Strathfield - arrives 9.15 am. Change to Platform 6 for the 9.18 am train to Parramatta - arrives 9.31 am.

Then catch the Free Parramatta Bus Shuttle 900 (Corner of Church & George Street) to Parramatta Leagues Club (runs every 15 minutes) - easy 10minute walk to Parramatta Female Factory, 5 Fleet Street, North Parramatta. (After Leagues Club, turn left at Fennell Street this runs into Fleet Street.)

Return trip RiverCat or by train.

***Lunch will be at Parramatta Leagues Club. Please indicate in the separate column on attendance sheet if you wish to be included in the bookings at the Leagues Club.**

TRISH

BARE ISLAND & LA PEROUSE MUSEUM

14TH MAY, 2025

***NOTE THIS IS A WEDNESDAY TOUR**

Pick up: Hornsby Station 8.30 am - returns approximately 4.30 pm

\$91.00 per person - PAYMENT TO BE MADE BY 1/5/2025

***Please note 2024 price, may change in 2025**

Includes:

- Morning Tea before our 1.5 hr guided tour of Bare Island. Bare Island Fort is situated at the mouth of Botany Bay. The fort was built in 1885 to protect the “back door” of Sydney from attack by sea.
- Two course lunch at Yarra Bay 16’ Sailing Club followed by tea or coffee.
- Return to La Perouse for a guided tour of the La Perouse Museum. The museum is housed within the historic Cable Station building, once Australia’s only link to the rest of the world. Almost 2,000 items across several rooms of exhibits document the 1787-1788 expedition of French explorer the Comte de Lapérouse. **TRISH**

AWAY TRIP – SAPPHIRE COAST – 9 NOVEMBER 2025

\$1,595 ppts, SS \$1,870

This tour stays at the Coachman’s Motel, Eden and travels out each day. All meals, including a cooked breakfast, are supplied.

Day 1 the coach will travel via Canberra to Eden. Day 2 we visit the National Trust village of Tilba Tilba which includes a stop at Tilba Cheese then Bermagui for lunch followed by a flower and citrus farm in Cobargo. Day 3 is a scenic drive to the Merimbula Aquarium for a tour then Tathra, lunch and free time in Merimbula. Day 4 is an Eden town tour, a lunch cruise on Two-Fold Bay and a visit to the Killer Whale Museum. Day 5 we cross the border to Mallacoota, place of the dreadful 2020 fires, and visit the WW2 Operations Bunker. Lunch will be provided at the Mallacoota Pub. Day 6 we visit Mogo Zoo before heading home.

As accommodation is limited, I would be pleased if you would email me your intention to join this tour as soon as possible so I can secure accommodation. An itinerary will be available at the November meeting.

Yenda



GRIFFITH SPRING FESTIVAL AWAY TRIP

Why would you want to go to Griffith? Well

We travelled down inland through lovely green farming country. James, our driver, was a font of knowledge and provided wonderful, informative commentary. First stop was Bill the Bastard (the warhorse

sculpture).

Next day we visited Catania Fruit Salad Farm and learned about farming in the area. This farm has over 60 different types of fruit and nuts and the mud brick home was built in 1912. Here we learned the following interesting facts:

Naval oranges are winter oranges; Valencias, eaten when green, are summer oranges.

There are more antioxidants in prunes (sugar plums) than broccoli or red grapes.



Local gardens were a feature of the spring festival and we visited five of them – one or two were really on acreage and absolutely stunning. The prominent flowers were beautiful roses and irises. Grape seed and hay were used as mulch in most instances.

The Altina Wildlife Park was a real surprise. There were lots of small animals, an air conditioned shed for crocodiles and animals such as bison and foxes that I had never seen before. The means of transport was unique and fun and the guides were enthusiastic and full of interesting information. They

demonstrated how to do a health check on a lion.



The Southern Cotton Gin was another highlight. Unfortunately, it was in maintenance mode but the guides explained the process beautifully. The process takes 60 seconds from beginning to end – separating stalks and leaves, separating seeds, then baling. Each bale can be traced back not only to the property, but to the section of the property on which it was grown.



We had another unique train ride round Pioneer Park, a community effort to preserve original cottages and other memorabilia from the area. There is also an Italian Museum on site. Not nearly enough time to explore it all. Another highlight was a walk through the unique citrus sculptures and a wine tasting.

The last night was a fabulous Italian meal at Giuseppe's. Trish, our friendly hostess, was very caring and competent and looked after our dietary needs making the tour enjoyable

and relaxing. We drove home through lovely green country via Cowra and Bathurst.



Speaker

Our last Speaker of the year will be the well - known personality - Graeme Sims who will talk about Bea Miles.

Graham writes for several magazines and has over 30 topics in his portfolio, so the choice of the subject today was challenging.

We selected the story of Bea- Sydney's best known and unforgettable eccentric, wandering the streets of Sydney, and, when she felt like it, other cities and towns, the bane of taxi drivers, bus and tram drivers and conductors, a remarkable, intelligent woman, of prodigious knowledge and memory, but of volatile and erratic behavior

Jim



HOSPITALITY

BREAKFAST at BOBBIN HEAD INN

MONDAY 10th FEBRUARY 2025 9am

Menu to come next issue

\$10 deposit to be paid by 6th January

Join us for a delicious breakfast at this wonderful setting

Judy

How to Have A
Very Aussie
Christmas

CHRISTMAS LUNCH AT MAGPIES 5TH DECEMBER 2024

Doors open at 11:30

Please check the list at the next meeting & confirm that I have your name down



Join us for our yearly Christmas lunch. This will be instead of our December meeting.

The menu is Beef & Pork stack with gluten free gravy, Plum pudding & custard or mini pavlova

Tea and coffee. The bar will be available for you to purchase any other drinks.

There will be lucky door prizes and a quiz, also with 'marvellous' prizes

There might even be a prize for the best outfit.

Santa will make an appearance to present the prizes and judge the best outfit.

The cost will be \$50.00 per person payable at or before the November meeting.

Contact Vicki to put your name on the list

Looking forward to seeing you there.

Vicki

WALKS

Regretfully I am forced to cut back on commitments to walks relinquishing the role as co-ordinator for the Next Probus Year. My commitment will be to organise no more than 2-3 walks for 2025.

I have had discussions with President Jim who will inform the meeting of a proposal to return the activity to the way it operated for years with 4-5 people likewise organising 2 walks. This requires participants to be more heavily involved.

Our next scheduled walk will be the January evening walk to Mrs Macquarie's Chair with start points at Martin Place and Gadigal Metro Stations on Thursday 23 January 2025.

The November activity is an invitation activity for walk organisers, past and present.

Laurie

UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	4	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	4	
7 th November 2024	Probus Meeting	Jim Jeffries		
13 th November 2024	Dolls	Carol Channon	4	
14 th November 2024	Committee Meeting	Jim Jeffries		
21 st November 2024	Cochlear Tour	Trish Taylor	5	
5 th December 2024	Christmas Lunch	Vicki McPherson	10	
12 th December 2024	Committee Meeting	Jim Jeffries		
11 th December 2024	Dolls	Carol Channon	4	